## **DAVID CROCKETT 10K RUN**

## Saturday, November 5, 2011

## Part of 33rd Annual Tennessee State Park Running Tour

**DAVID CROCKETT STATE PARK, Lawrenceburg TN.** Park info 931-762-9408.

**Directions:** From Nashville, take I-65 South to the Pulaski exit. Park location is on Highway 64 at the western edge of Lawrenceburg. Enter the main park road and go 3 miles to the Restaurant.

**Start** and **Finish**: at the Park Restaurant. The 10K race starts at 11:00 AM central time. **Course**: starts on the main road, then enters a paved trail for 1 mile, then loops the restaurant area. Out and back on the main road for the last 4 miles. Every mile is marked with a traffic cone.

## **Link to Interactive Map**

http://www.runningahead.com/maps/9d5c5984a231488cb8038a7fb34d33d1

**Awards:** Ten-year age groups with 3 awards in each category from under 20 to 60+. Special awards to male and female overall winners in open, masters (40), grandmasters (50), age categories.

**Long Sleeve T-shirt:** guaranteed to all pre-registered runners.

Pre-registration Deadline: October 29, 2011.

Race-day registration from 9:30 to 10:45 a.m.

Race Director: Scott Benefield, Crockett Runners (931-629-3567).

Entry Fee: \$19.00 payable to Crockett 10K or \$6.00 without T-shirt.

Late fee without T-shirt \$13.00.

Mail registration to: Crockett Run

P O Box A

Lawrenceburg, TN 38464

**Link to Registration Forms**